MOTOR NEURON DISEASE

(ALS - Amyotrophic Lateral Sclerosis (Lou Gehrig's Disease))

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CMG Archives
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IMPORTANT

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Introduction

Amyotrophic lateral sclerosis (ALS), also known as Lou Gehrig's disease (named after the New York Yankees baseball player who was diagnosed with the disease in 1939), is a neurological disease caused by the degeneration of neurons located in the ventral horn of the spinal cord and the degeneration of cortical neurons that provide their afferent input.

Early symptoms of ALS typically include increasing muscle weakness, especially involving the arms and legs, speech, swallowing or breathing.

When muscles no longer receive the messages from the motor neurons that they require to function, the muscles begin to atrophy (become smaller). Limbs begin to look "thinner" as muscle tissue atrophies.

ALS is a progressive, fatal, neurodegenerative disease with most affected individuals dying of respiratory compromise and pneumonia after 2 to 3 years - however, it is also noted that some individuals have survived for many years.

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The cause of ALS is not completely understood by allopathic medicine, and there is no allopathic cure.

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**Alternative Treatment**

Here is an overview of suggestions that may be effective in the treatment of Motor Neuron Disease (ALS - Amyotrophic Lateral Sclerosis (Lou Gehrig's Disease)):

**Swedish Bitters** - 20 ml, 4 x daily (before or after meals)

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**Biochemic Tissue Salts:**

- **Kali Phos (No 6)** - for nervous system and neurological tissue
- **Ferr Phos (No 4)** - for blood and cell oxygenation

Alternate, 4 x tabs (under the tongue), 4 x daily - (Hourly at first)

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**Supplements to promote cellular repair:**

- **Vit C** - 1000 mg daily, increasing to 10,000 mg daily or bowel tolerance.
- **Vit B-complex** - 100 mg, 2 x daily.
- **Vit D3** - 6,000-10,000 IU daily (1,000 IU maintenance)
- **Vit E** - 200 IU, 2 x daily for 8 x weeks; then 400 IU, 2 x daily.
- **Oil of evening Primrose** - 500 mg, 2 x daily for 4 x weeks; then 1,000 mg, 2 x daily for 4 x weeks; then 1,500 mg, 2 x daily.
- **Calcium** - 1,200 mg daily.
- **Magnesium** - 600 mg daily.
- **Omega 3, Fish Liver Oil** - 1,000 mg, 2 x daily for 4 x weeks; then 1,500 mg, 2 x daily.
- **Ginko Biloba** - 6,000 mg daily, just after a meal.

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**Activated Charcoal caps/tabs** - to entrap and eliminate toxins, heavy elements, and bacteria, etc.: 2 caps/tabs, 3 to 4 x daily, between meals with a glass of room temperature filtered/spring water.

**Lecithin** - 5 to 15 grams daily.

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**Raw Juice Therapy**

- Carrot Juice (340 ml) + Spinach Juice (115 ml) - daily
- Carrot Juice (170 ml) + Beetroot Juice (140 ml) + Cucumber Juice (140 ml) - daily
Oil Drawing

Use Oil drawing, to eliminate bad cells and toxins, while showering or bathing. See "The Amazing Dr Sunflower" in the CMG Health Archive (http://campbellmgold.com "Archives" navigation at top of page) for details.

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H2O2 - Hydrogen Peroxide - as a cellular rejuvenator and as an eliminator of "bad" cells.

Use max dosage - See "Hydrogen Peroxide Therapy CG" in the CMG Health Archive (http://campbellmgold.com "Archives" navigation at top of page) for details.

Basic treatment: 8 x drops in 1/2 glass/mug of cool beverage (milk, fruit juice, herbal tea, spring water, drinking yoghurt, etc.

This should be done 4 x daily between meals.

Do not take within 20 minutes prior to, or after, eating.

IMPORTANT
NEVER EXCEED RECOMMENDED DOSAGES

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Water Cure

The Water Cure is recommended in cases of Multiple Sclerosis. See "Water Cure" in the CMG Health Archive (http://www.campbellmgold.com "Archives" navigation at top of page) for details.

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Relaxation and Hypnosis Techniques

It is believed that much might be gained if the individual uses relaxation and hypnosis techniques as soon as any complaint is diagnosed. Hypnosis and autosuggestion with positive visualisation of the healing process at work is thought to retard development of symptoms, and to greatly augment the repairing of inflamed and damaged tissues. Visit http://campbellmgold.com for possible programs.

Lavender Aromatherapy Oil

Put 2 x drops of Lavender Aromatherapy Oil on a tissue, and place it where it can be comfortably inhaled during relaxation and visualisation.

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Exercise

Gentle aerobic exercise, on a daily basis, is strongly recommended.

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